

Access to sexual and reproductive health-care services including information and education services at ESPOL 2024.

At ESPOL, our commitment to promoting holistic well-being remains a top priority, and our medical department continues to lead in providing inclusive sexual and reproductive healthcare services. We firmly believe in the universal right to accurate information, education, and support regarding sexual and reproductive health, regardless of individual backgrounds or circumstances.

To uphold this principle, ESPOL has further expanded its range of services to address the diverse needs of our community. Our dedicated team of healthcare professionals offers accessible and confidential consultations, empowering individuals to navigate their sexual and reproductive health journeys with confidence. Recognizing the importance of providing accurate and up-to-date information, we prioritize discussions on contraception, sexually transmitted infections (STIs), pregnancy options, and safe sexual practices.

By fostering a safe, non-judgmental environment, we ensure that our community members have the resources and support needed to make informed decisions about their sexual and reproductive well-being. Through our ongoing commitment to education and comprehensive care, we strive to build a healthier, more empowered community.

Preventive Screening Campaign for Breast and Cervical Cancer: ESPOL carried out a preventive screening campaign aimed at promoting early detection of breast and cervical cancer. Through educational outreach and accessible resources, we encouraged community members to prioritize their health by participating in regular screenings. This initiative reflects our ongoing commitment to proactive healthcare and the well-being of our community.



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"Prevention of STIs and HPV: Risks and Consequences" Talk: An informative talk titled "Prevention of STIs and HPV: Risks and Consequences" was held to raise awareness within the Polytechnic community about the risks associated with sexually transmitted infections (STIs) and the Human Papillomavirus (HPV). The event focused on prevention strategies, access to HPV vaccination, and the consequences of untreated infections, emphasizing the importance of responsibility and proactive care in sexual health.





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"De Mujer a Mujer" Conversation: A talk titled "De Mujer a Mujer" was held, bringing together women of different ages to discuss and share experiences in a supportive and reflective environment. Accompanied by health professionals, participants had the opportunity to resolve doubts, receive key information, and gain tools to navigate this stage with well-being and empathy. The event fostered open dialogue and strengthened understanding of the physical and emotional changes associated with menopause.



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Inauguration of Obstetrics and Women's Sexual Health Services: The inauguration of the Obstetrics and Women's Sexual Health Services took place, marking a significant step in expanding healthcare offerings. The event celebrated the launch of this essential service, which aims to provide specialized care and support for women's health needs within the Polytechnic community.





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