

Access to sexual and reproductive health-care services including information and education at ESPOL 2025

In the context of the **QS Sustainability Ranking (Social Impact – Health and Well-being, HW2)**, ESPOL provides access to sexual and reproductive health services as a fundamental component of its institutional healthcare system, coordinated by the Polytechnic Welfare Management, in alignment with **SDG 3: Good Health and Well-being**.

This system ensures the provision of clinical, preventive, and educational services specifically focused on sexual and reproductive health, under a continuous, accessible, and confidential care model, serving students, faculty, administrative staff, and the wider community.

These services are provided continuously throughout the year, ensuring permanent access to sexual and reproductive healthcare on campus.

Service Coverage and Access

During 2025, a total of **1,045 sexual and reproductive and obstetric consultations** were provided, distributed as follows:

- Students: 774
- Faculty members: 128
- Administrative staff: 142

All services are **free of charge**, eliminating financial barriers to access.

Healthcare is delivered through:

- Scheduled appointments via the institutional website and the “MI ESPOL” mobile application
- Walk-in care for urgent cases

Services are provided in a **confidential, safe, and non-judgmental environment**, ensuring equitable access for all users.

Sexual and Reproductive Health Services

ESPOL provides continuous and comprehensive sexual and reproductive healthcare services, including:

- Sexual and reproductive health counselling
- Contraceptive guidance and family planning
- Prevention, testing, and education on sexually transmitted infections (STIs)
- Human Papillomavirus (HPV) detection, including genotyping-based screening
- Gynecological check-ups
- Preventive care and early diagnosis
- Educational programs and awareness campaigns

These services are fully integrated within the institutional healthcare system, ensuring that care, prevention, and education operate in a coordinated and sustained manner.

Impact on the University Community

Through this model, ESPOL contributes to:

- Strengthening prevention in sexual and reproductive health
- Increasing early detection of STIs and HPV
- Promoting informed and responsible decision-making
- Reducing risks associated with sexual and reproductive health
- Expanding equitable access to specialized health services

This approach reflects a **preventive, continuous, and impact-oriented healthcare model**, aligned with international sustainability standards.

Education and Awareness Activities (2025)

Sexual and Reproductive Health Talk

Held on May 26, with **100 participants**, focused on self-care and prevention.

<https://www.instagram.com/p/DKe7UUTNIVQ/?igsh=MTQ5MGQxcmNueHhzZg%3D%3D>

Sexual Health Open House

Conducted on May 27 and 30, with **140 participants**, promoting participatory learning and awareness.

<https://www.instagram.com/p/DKe7UUTNIVQ/?igsh=MTQ5MGQxcmNueHhzZg%3D%3D>



HPV Detection Campaign

Implemented in August, with **58 beneficiaries**, focused on early detection through genotyping-based screening.

<https://www.instagram.com/p/DNRPtQ6sTP2/?igsh=MWhkMmlpNDkwbHVkag>

“From Woman to Woman” – Wellbeing Session

Held on November 27, with **21 participants**, addressing menopause and hormonal health.

https://www.instagram.com/p/DRwwRyzD7OY/?img_index=9&igsh=eXhpcGcya2NoOWh5

Sexual and Reproductive Health Talk

<https://www.instagram.com/p/DKe7UUTNIVQ/?igsh=MTQ5MGQxcmNueHhzZg%3D%3D>



Sexual Health Open House

<https://www.instagram.com/p/DKe7UUTNIVQ/?igsh=MTQ5MGQxcmNueHhzZg%3D%3D>



HPV Detection Campaign (Genotyping-Based Screening)

<https://www.instagram.com/p/DNRPtQ6sTP2/?igsh=MWhkMmlpNDkwbHVkag>

**Campaña de
Prevención del VPH**
Detección por Genotipificación

- Dirigida a mujeres de la comunidad politécnica.
- Martes y viernes de agosto
- 09h30 a 15h00
- Inscripciones:
lissdiaz@espol.edu.ec

**Detectar a tiempo el VPH
puede salvar tu vida**

Gerencia de Bienestar Politécnico **espol**

De Mujer a Mujer: Un Espacio Seguro Para Hablar de Bienestar



https://www.instagram.com/p/DRwwRyzD7OY/?img_index=9&igsh=eXhpcGcya2NoOWh5



Institutional Approach

These actions are part of an institutional model in which medical care, prevention, and education in sexual and reproductive health are integrated, ensuring sustainability, continuity, and measurable impact within the university community.

Prepared by

Jonathan Iván Fuentes Guerrero
Doctor

Johanna Barzola S.

Reviewed and Approved by

Ma. Ángeles Rodríguez Aroca