

Access to physical health-care services including information and education services at ESPOL 2024.

At ESPOL, we remain committed to providing comprehensive physical healthcare services to our students and the broader community. We firmly believe that access to information, education, and support plays a vital role in fostering a healthy and thriving population.

Our physical healthcare services continue to prioritize individual well-being. Our team of dedicated healthcare professionals offers accessible and confidential consultations, ensuring that everyone has the opportunity to receive personalized care and support. This includes preventive care, routine check-ups, and the management of chronic conditions.

By maintaining accessible physical healthcare services and a strong commitment to education, we aim to create an environment where individuals can thrive physically. We are dedicated to delivering comprehensive care, emphasizing preventive measures, and empowering individuals to make informed decisions about their health. Through these efforts, we actively contribute to the overall well-being and resilience of our community.

<https://www.bienestar.espol.edu.ec/salud-integral>

Medical Records for freshmen: we continued our special campaign aimed at freshmen, highlighting the importance of establishing their medical records from the very beginning. By encouraging proactive healthcare management, we seek to foster a sense of responsibility and promote preventive care among our newest community members.

ATENCIÓN POLITÉCNICOS
Jornadas de Ficha Médica
(Para estudiantes que NO han realizado su ficha médica con matrícula 2020, 2021, 2022 y 2023)

Jornada extraordinaria: Sábado 13 de abril del 2024
(Solo acercarse a GBP y traer sus exámenes) De: 08h00 - 12h00

Exámenes a realizarse en cualquier laboratorio a nivel nacional:		DEBES REALIZARTÉ EN GBP:	
BIOMETRÍA HEMÁTICA COMPLETA	GRUPO SANGUÍNEO Y FACTOR RH	REVISIÓN MÉDICA	VALORACIÓN NUTRICIONAL
GLUCOSA BASAL, UREA CREATININA	COLESTEROL TOTAL, TRIGLICÉRIDOS		
ORINA ELEMENTAL (EMO), COPROPARASITARIO SIMPLE	VDRL	*Evita inconvenientes en tu próximo registro	
RX ESTÁNDAR DE TORAX	CERTIFICADO DE VACUNACIÓN	! TRAER SUS EXÁMENES (FÍSICO O DIGITAL)	

Validez de los exámenes hasta 6 meses

Gerencia de Bienestar Politécnico **espol**

https://www.instagram.com/p/C5jJJDJuqYa/?utm_source=ig_web_button_share_sheet

Influenza and tetanus Vaccination Campaign: Building on our commitment to preventive healthcare, this year we carried out a vaccination campaign targeting both influenza and tetanus. By providing free vaccinations to our community, we aimed to mitigate the spread of influenza, prevent tetanus infections, and strengthen the health protection of our most vulnerable populations, especially during peak flu season.



https://www.instagram.com/p/C2S-58ot24/?utm_source=ig_web_button_share_sheet

Open house on dengue and other seasonal diseases: As part of our efforts during the winter season, ESPOL hosted an Open House focused on the prevention and management of dengue and other seasonal diseases. Through informative talks, interactive exhibits, and free health assessments, we aimed to raise awareness about preventive measures and strategies to combat these illnesses. This event sought to empower attendees to adopt healthy habits and practices that help reduce the risk of infection and complications associated with these diseases.



https://www.instagram.com/p/C7hQ5NCsn8j/?utm_source=ig_web_button_share_sheet

World Heart Day celebration: We proudly joined the global celebration of World Heart Day with a symbolic walk, reaffirming our commitment to cardiovascular health and prevention. The event brought together the Polytechnic community to promote healthy lifestyle habits and raise awareness about the importance of heart care. Dressed in red attire, symbolizing our dedication, we walked together to inspire action and emphasize the value of preventive measures in maintaining a healthy heart.



<https://x.com/BienestarESPOL/status/1839036570680131843>

https://www.instagram.com/reel/DAjrRX0v54c/?utm_source=ig_web_button_share_sheet

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